

Official Gallup Socker League Socks



MATERIALS & INFO

Plied fingering weight yarn. I prefer a sock yarn with 10% to 25% nylon for durability and machine washability.

Gauge: 8 stitches/inch, 11 rows per inch

PATTERN NOTES

This is the sock pattern that is tattooed on my brain. I can knit it with no instructions in front of me! The texture comes from an easy-to-remember four-stitch repeat pattern that is plain knitting most of the time. I use the Fish Lips Kiss Heel. The socks can be knitted either cuff-down or toe-up. What's not to like?

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Needles: 2.5 mm (US Size 1.5), either two circular needles, 20" or 24" or 40" for Magic Loop.

Notions: Tapestry needle for finishing

Finished size: Women's Medium

ABBREVIATIONS

K: Knit

P: Purl

S: Slip

PSSO: Pass the slipped stitch over

K2tog: Knit two together

YO: Yarn over

TSK: Twin stitch knit

TSP: Twin stitch purl

M1R: Lift the right leg of the collar on the next stitch, knit into the lift, then knit the stitch

M1L: Lift the left leg of stitch two stitches below the stitch just completed, knit into the leg

M1LB: Make 1 by lifting the bar to the left of the last stitch and knitting it

PATTERN INSTRUCTIONS

Divide your yarn into two separate balls that are approximately equal.

Toe up socks:

TOES

Cast on 12 stitches on each for each sock using Judy's Magic Cast On (24 total stitches per sock). Knit two rounds. Begin toe increases for each sock as follows:

Round 3: K1, M1R, K to next to last stitch, M1L, K1

Round 4: K

Repeat rounds 3 and 4 until you have 64 stitches for each sock, 32 stitches for each sock on each needle.

FOOT

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For each sock, Knit 32 stitches in Toe-Texture Pattern on needle one (top of sock), K32 stitches plain on needle 2 (sole of sock).

Continue in pattern until you have about two inches less than the total desired length of your foot. We're now ready to turn the heel.

HEEL

I recommend the Fish Lips Kiss Heel. If you don't already own the instructions for it, purchase it for \$1 from Sox Therapist at <https://www.ravelry.com/patterns/library/fish-lips-kiss-heel>. The pattern has many pages discussing sock architecture that you'll find interesting, but you really only need to refer to pages 9 and 10 for the instructions on knitting the heel.

The Fish Lips Kiss Heel copyright requires you to purchase the pattern for it, and under the copyright no further instructions can be included here.

LEG

Once the heels are turned, resume circular knitting with both needles. Continue in pattern for 32 stitches on the front and plain knitting for 32 stitches for about an inch on the back to create a flat area just behind the heel. Once you are happy with the heel area, start knitting in pattern on both front and back to create a textured leg. Keep knitting in pattern until your cuff has reached the desired length, or when you are getting nervous about how much yarn you have left.

CUFF

Start a cuff in K1, P1 ribbing on each sock for the desired length or until you run out of yarn! Bind off using an elastic method like Jenn's Surprisingly Stretchy Cast-off (<https://knitty.com/ISSUEfall09/FEATjssbo.php>).

FINISHING

Weave in ends, wash and block gently. When dry, put the socks on and share them on shamelessly on social media. Wear your Gallup Socker League socks proudly! Cast on for another pair.

Cuff-down socks

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CUFF

Cast on 64 stitches for each sock. Be sure to use an elastic cast-on. This can be as simple as casting on over two needles. You can also try the Chinese Waitress Cast-on (<https://verypink.com/2014/06/25/chinese-waitress-cast-on/>). Knit in K1,P1 ribbing for 1"-2" depending on your preference.

LEG

Start knitting in the Cuff-down Texture pattern on both needles to create a textured leg. Keep knitting in pattern until your leg is about 1" shorter than you want it to be. Switch to plain knitting on the back needle (which will become the heel flaps and soles).

HEEL

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FOOT

For each sock, Knit 32 stitches in Toe-Texture Pattern on needle one (top of sock), K32 stitches plain on needle 2 (sole of sock).

Continue in pattern until you have about two inches less than the total desired length of your foot. We're now ready to shape the toes.

TOES

For each sock, shape the toes:

Round 1: K1, K1, S1, PSSO, knit to last 3 stitches, K2TOG, K1

Round 2: K

Repeat rounds 1 and 2 until you have 24 stitches remaining, 12 stitches on each needle for each sock. Graft the toes together using the Kitchener stitch.

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FINISHING

Weave in ends, wash and block gently. When dry, put the socks on and share them on shamelessly on social media. Wear your Gallup Socker League socks proudly! Cast on for another pair.

PATTERNS:

Toe-up Texture Pattern (multiple of 4):

Knit three rounds and begin the pattern as follows:

Round 1: *K2tog, YO, K2*, repeat to end of round

Rounds 2-4 K

Round 5: *K2, K2tog, YO*, repeat to last four stitches on needle, K2, K2tog

Round 6: K to end of needle, M1LB

Round 7-8: K

Cuff-down Texture Pattern (multiple of 4):

Round 1: *K2tog, YO, K2*, repeat to end of round

Rounds 2-4: K

Round 5: *K2, K2tog, YO*, repeat to last four stitches on needle, K2, K2tog

Round 6: K to end of needle, M1LB

Rounds 7-8 K

ABOUT THE AUTHOR



Mary Walker is the owner of Weaving in Beauty in Gallup, NM. She is the founder of the Gallup Socker League. Yup, Mary knits on Route 66.

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